



# CORBY HEALTH NEWS

## NHS to roll out lung health scanning trucks in Corby following £2m funding commitment

People who are most at risk of developing lung disease will be able to get tested in Corby later this year.

NHS England has been awarded more than £2m to fund 'Targeted Lung Health Checks' for local people who are most at risk of developing lung diseases including cancer.

People who are aged between 55 and 74 with a history of smoking will be offered a health check at their local GP and a low-dose CT scan at a mobile unit if appropriate.

The project is one of 10 schemes in the country awarded a share of £70m to carry out health checks and lung scans over the next four years.

The NHS Long Term Plan published on 7 January 2019 included a new ambition to diagnose three out of four people with cancer at an early stage by 2028 – up from around half now. To help deliver on this ambition, the Plan also committed to the extension of targeted lung health checks across England.

Corby CCG is set to receive a total of £2.3m over four years that will fund lung scanning trucks as well as a team to carry out the scans and diagnostics.

Based on the pioneering schemes in Nottingham, Manchester and Liverpool, the projects will not just identify more cancers quickly but pick up a range of other health conditions including chronic obstructive pulmonary disease (COPD).

The targeted screening will help improve survival rates in some of the areas with the highest death rates from lung cancer.

National statistics for cancer survival highlight that one in five cancer patients in Corby are only diagnosed after an emergency admission to hospital. The survival rates of emergency admission are substantially worse than routine referrals as patients are more likely to have more advanced and difficult to treat cancers.

But a recent study showed CT screening reduced lung cancer mortality by 26 per cent in men and between 39 per cent and 61 per cent in women\*.

People in Corby who are eligible will be invited for lung health checks, and it's anticipated that approximately one quarter will be referred for a CT scan.



Evelyn Goodliffe, 68 from Beechdale in Nottingham, was referred for a scan at her local supermarket after attending an initial health check last year.

Dr Azhar Ali, Northamptonshire Primary Care Clinical Lead for Cancer, said: "The funding announcement is great news for local patients.

"We are delighted that Corby has been selected amongst the first areas to test the approach on a larger scale.

"We know from the results in Nottingham that offering scans in places people visit regularly like supermarkets is an excellent way to catch lung cancer and other respiratory diseases sooner. This project has the potential to save many lives in our local community."

The national roll-out is expected to reach around 600,000 people over four years, detecting approximately 3,400 cancers and saving hundreds of lives across the country.



# CORB Y HEALTH NEWS

## Journeys of Home Community Workshops

Come and join us to share your stories of life in Corby!

We're looking for Corby residents to take part in a dance and storytelling project that celebrates the diverse cultures of Corby.

Come and share your story of making Corby your home and then work with artists from Highly Sprung to create a new performance telling your stories. No experience of dance is needed. Fluent English is not required to take part.



### Dates for your diary:

Sunday 17th March 10.30am – 2.30pm at Brooke Weston Academy

Sunday 24th March 10.30am – 2.30pm at Brooke Weston Academy

Saturday 30th March (performance at Corby Mardi Gras – times to be confirmed)

### Reserve Your Place:

These workshops are free to attend and are aimed at individuals and families who were born outside of the UK or where a relative was born outside of the UK. To find out more and to secure your place, contact us on [info@madeincorby.co.uk](mailto:info@madeincorby.co.uk) or call 01536 267895.

## Governing Body meeting

The next Governing Body meeting will take place on Thursday 16 April in the Board Room, Francis Crick House, Northampton, NN36BF at 1.30pm.

You are very welcome to attend the meetings on a first come, first served basis. Your question/s should be submitted via email to

[corccg.corbycorporate-services@nhs.net](mailto:corccg.corbycorporate-services@nhs.net)

In order to give us time to prepare a reply, this should be received by us via email by 12 noon on the Thursday which precedes the date of the meeting.

Questions may be submitted by Corby residents and patients registered with a member GP practice. They should be pertinent to the agenda of the next Governing Body meeting. If you have any pecuniary interest in the subject of the question, this should be declared. Complex questions or those which require particular research, or data retrieval or analysis may be deferred and answered at a future Governing Body meeting, or directly in writing.



**Got a question about the work of Corby CCG? Send it to [info@arch-comms.co.uk](mailto:info@arch-comms.co.uk) and we'll answer it!**



# CORBYP HEALTH NEWS

## Connecting Corby

Groundwork Northamptonshire has been awarded just over £99,000 from the National Lottery Community Fund and Her Majesty's Government for Connecting Corby; a programme of arts and environmental activities on three of Corby's estates.



Connecting Corby aims to bring people together on the estates of Exeter, Lloyds, Kingswood and Hazel Leys, creating new friendships across the generations and empowering local residents to plan activities for their community. Thanks to both Her Majesty's Government and National Lottery players, there will be regular sessions in each location working with artists and gardeners to create, grow and contribute to events for the whole community to enjoy. Connecting Corby will launch with an event in each area in March 2019, with a range of fun art workshops, performances and activities suitable for all ages.

Connecting Corby has been funded through Building Connections, a new fund aiming to combat loneliness and improve social connections within communities. Over 27 months, the project will bring together all of Groundwork Northamptonshire's programme strands, including the JAM team, who will be working to encourage young people to participate in sessions and Made in Corby, who will be managing the artistic activities. Together, they will be working with a wide range of local partners, including Pen Green Centre for Children and their Families, Eden Park and the Autumn Centre.

This new programme builds upon the extensive work that Groundwork Northamptonshire delivers across the county, on youth, environmental, community and art programmes. During 2018, their work engaged over 60,000 local people, including 1,600 individual young people, which was supported by more than 250 volunteers.

Visit <https://www.madeincorby.co.uk/> for more information.

## Breakfast Burritos

**Method:** Lay out the Tortillas on a work surface. Preheat the grill.

Beat the eggs and milk together. In a separate bowl, mix together the tomatoes, spring onions and pepper, seasoning with black pepper.

Heat 1/2 tsp of vegetable oil in a non-stick frying pan and pour in one quarter of the beaten egg mixture. Cook on the hob over a medium heat for a few moments to set the base. Sprinkle one quarter of the tomato mixture over the surface, then sprinkle 10g of the cheese over the top. Grill to set the egg and melt the cheese.

Slide the omelette onto one of the tortillas. Leave to cool a little while you make three more omelettes, placing them on top of the tortillas as you go.

Roll up the tortillas, slice in half and serve immediately, or wrap in foil to serve later.

### Ingredients:

- 4 soft wholewheat flour tortillas
- 6 eggs
- 4 tbsp 1% fat milk
- 2 tomatoes, finely chopped
- 2 spring onions, finely chopped
- 1 pepper, any colour, deseeded and finely chopped
- 2 tsp vegetable oil
- 40g reduced-fat hard cheese, grated
- 1 pinch ground black pepper.





# CORBY HEALTH NEWS

## Amazing and interactive family show *Exciting Science* blasts into Corby

The jaw-dropping interactive and educational family show *Exciting Science* blasts into The Core at Corby Cube on Sunday 31 March.

The show promises to amaze and astound children aged four and above and their families, putting the 'exciting' back into science with fun and fact-filled experiments.

Super scientists Faye and Dean have been showcasing their fantastic experiments, thrilling audiences across the country over the past year. Families will watch in amazement as the scientists recreate a volcanic eruption, turn a vacuum cleaner into a missile launcher and take aim at audiences with smoke blasters.

Mad scientists will not want to miss the show full of wiz, bang, pop... and splurt!



*Exciting Science* explodes onto the stage at The Core on Sunday 31 March 2.30pm. Tickets are priced at £9.50 and can be booked by calling the Ticket Office on 01536 470 470 or online at [www.thecorecorby.com](http://www.thecorecorby.com)

## £35,000 awarded by ScottishPower Foundation

Made In Corby is one of eleven organisations in England to receive a share of the ScottishPower Foundation's annual award fund.

Over £35,000 has been allocated to Made In Corby, which will be used to make a positive difference to the lives of older people in Corby.

Arts and crafts activities for over 65's start on 1st May at the Connect Open Workshops and will run every Wednesday at Corby Library until July.

These sessions are part of a year-long programme of arts activities which will lead up to a celebration of older peoples' creativity in Spring 2020.

Workshop attendees will also have the opportunity to enjoy free coach trips to high-quality arts events around the East Midlands.

Helen Willmott, Director of Made In Corby, said: "Made In Corby has enabled 95,000 engagements in the arts since we started in 2014. We are very fortunate to have been awarded funds from the ScottishPower Foundation which will help us to reach even more older people in Corby, encouraging greater access to the arts and improvements in their social connections, health and wellbeing."

The ScottishPower Foundation was established in 2013 with the aim of making a significant and lasting contribution to society, enhancing the lives of people living in communities throughout the UK.

Supported by



Foundation  
**SCOTTISHPOWER**